

# Breakfast, Lunch, & Snack MENU

<b>B:</b> Cereal & Oranges <b>L:</b> Hotdog on a Bun, Vegetarian Baked Beans, Tropical Fruit <b>S:</b> Crackers	<b>B:</b> Pancakes w/ SB & Apples <b>L:</b> BBQ Chicken on a Roll, Yams, Craisins *Pineapples <b>S:</b> Animal Crackers	<b>B:</b> Yogurt, Granola, & Pears <b>L:</b> SB and Jelly or *Ham & Cheese Sandwich, Green Beans, Applesauce <b>S:</b> Cereal	<b>B:</b> Bagels w/ Cream Cheese & Bananas <b>L:</b> Pasta & Meatballs, Salad w/ Ranch *Peas, Pineapples <b>S:</b> Pretzels *Crackers	<b>B:</b> Cereal & Peaches <b>L:</b> Turkey & Cheese Wrap, Carrots w/ Ranch, Tropical Fruit <b>S:</b> Goldfish
<b>B:</b> Cereal & Oranges <b>L:</b> Pancakes, Turkey Sausage, Mashed Potatoes, Pears <b>S:</b> Cheez-its	<b>B:</b> Waffles w/ SB & Apples <b>L:</b> Tuna Salad on a Roll, Mixed Veggies, Craisins *Tropical Fruit <b>S:</b> Fruit bars	<b>B:</b> Graham Crackers, Yogurt, & Pineapples <b>L:</b> Meatball Subs, Green Beans, Applesauce <b>S:</b> Cereal	<b>B:</b> Bagel w/ Cream Cheese & Bananas <b>L:</b> Chicken Pasta Casserole, Broccoli w/ Ranch, Peaches <b>S:</b> Pretzels *Crackers	<b>B:</b> Cereal & Tropical Fruit <b>L:</b> Ham & Cheese Sandwich, Cauliflower w/ Ranch, Pears <b>S:</b> Cookies
<b>B:</b> Cereal & Oranges <b>L:</b> Beef & Cheese Soft Taco, Mixed Veggies, Craisins *Pears <b>S:</b> Pretzels *Crackers	<b>B:</b> Turkey Sausage & Apples <b>L:</b> Hotdog on a Bun, Vegetarian Baked Beans, Applesauce <b>S:</b> Goldfish	<b>B:</b> Yogurt, Granola, & Pineapples <b>L:</b> Ham & Cheese Wrap, Corn, Peaches <b>S:</b> Cereal	<b>B:</b> Pancakes w/ SB & Bananas <b>L:</b> Mac & Cheese, Peas, Tropical Fruit <b>S:</b> Animal Crackers	<b>B:</b> Cereal & Pear <b>L:</b> Turkey & Cheese Sandwich, Carrots w/ Ranch, Craisin *Applesauce <b>S:</b> Crackers
<b>B:</b> Cereal & Oranges <b>L:</b> Bean & Cheese Burrito, Corn, Applesauce <b>S:</b> Cheez-its	<b>B:</b> Turkey Sausage & Apples <b>L:</b> Ham & Cheese Sandwich, Yams, Pineapples <b>S:</b> Fruit bars	<b>B:</b> Graham Crackers, Yogurt, & Peaches <b>L:</b> Grilled Chicken, Crackers, Peas, Tropical Fruit <b>S:</b> Cereal	<b>B:</b> Waffles w/ SB & Bananas <b>L:</b> Chili Mac, Salad w/ Ranch *Green Beans, Pears <b>S:</b> Pretzels *Crackers	<b>B:</b> Cereal & Craisin *Peaches <b>L:</b> Turkey & Cheese Wrap, Broccoli w/ Ranch, Applesauce <b>S:</b> Cookies
<b>B:</b> Cereal & Oranges <b>L:</b> Meatball Sub, Pineapple, Mixed Veggies <b>S:</b> Goldfish	<b>B:</b> Bagels w/ Cream Cheese & Apples <b>L:</b> Ham & Cheese Wrap, Green Bean, Peaches <b>S:</b> Animal Crackers	<b>B:</b> Yogurt, Graham Crackers & Tropical Fruit <b>L:</b> Pancakes, Turkey Sausage, Mashed Potatoes, Pear <b>S:</b> Cereal	<b>B:</b> Waffles w/ SB & Bananas <b>L:</b> Chicken Pasta Casserole, Salad w/ Ranch *Corn, Applesauce <b>S:</b> Crackers	<b>B:</b> Cereal & Peaches <b>L:</b> Turkey & Cheese Sandwich, Pineapples, Cauliflower w/ Ranch <b>S:</b> Cheez-its

Fifth week of menu is only used for months with 5 weeks.

Breakfast is served with milk until 8:30 am.

Lunch is served with milk. Times depend on the class they are in, between 11:30 and 12:30.

Snack is served with water unless specified otherwise. Times depend on the class they are in, between 2:30 and 3:30.

Snacks are not meals and are designed to not affect a child's appetite for dinner.

SB=Sunbutter is an alternative to peanut butter. It is made from sunflower seeds and contains no nuts. SB is not served to children under 1.

\* = different foods served to younger children to avoid choking hazards