

## Breakfast, Lunch, & Snack MENU

B: Cereal & Oranges L: BBQ Chicken on a Roll, Corn, Tropical Fruit S: Crackers	B: Pancakes w/ SB & Apples L: Hotdog on a Bun, Pears, Vegetarian Baked Beans S: Pretzels or *Crackers	B: Yogurt, Granola, & Pineapples L: SB and Jelly or *Ham & Cheese Sandwich, Applesauce, Yams S: Cereal	B: Bagels w/ Cream Cheese & Bananas L: Pasta & Meatballs, Salad w/ Ranch or *Corn, Craisins or *Pears S: Animal Crackers	B: Cereal & Peaches L: Turkey & Cheese Wrap, Tropical Fruit, Carrots w/ Ranch S: Goldfish
B: Cereal & Oranges L: Pancakes, Turkey Sausage, Mashed Potatoes, Tropical Fruit S: Cheez-its	B: Waffles w/ SB & Apples L: Tuna Salad on a Roll, Pears, Mixed Veggies S: Fruit bars	B: Graham Crackers, Yogurt, & Pineapples L: Meatball Subs, Green Beans, Applesauce S: Cereal	B: Bagel w/ Cream Cheese & Bananas L: Chicken Pasta Casserole, Craisins or *Peaches, Peas S: Pretzels or *Crackers	B: Cereal & Pineapples L: Ham & Cheese Sandwich, Pear, Broccoli w/ Ranch S: Cookies
B: Cereal & Oranges L: Beef & Cheese Burrito, Mixed Veggies, Tropical Fruit S: Pretzels or *Crackers	B: Turkey Sausage & Apples L: Hotdog on a Bun, Vegetarian Baked Beans, Pears S: Goldfish	B: Yogurt, Granola, & Pineapples L: Ham & Cheese Wrap, Corn, Applesauce S: Cereal	B: Pancakes w/ SB & Bananas L: Mac & Cheese, Peas, Craisins or *Tropical Fruit S: Animal Crackers	B: Cereal & Peaches L: Turkey & Cheese Sandwich, Pineapple, Carrots w/ Ranch S: Crackers
B: Cereal & Oranges L: Bean & Cheese Burrito, Yams, Tropical Fruit S: Cheez-its	B: Turkey Sausage & Apples L: Ham & Cheese Sandwich, Pears, Corn S: Fruit bars	B: Graham Crackers, Yogurt, & Pineapples L: Grilled Chicken, Cracker, Peas, Applesauce S: Cereal	B: Waffles w/ SB & Bananas L: Tuna Pasta Casserole, Green Beans, Craisins or *Pineapples S: Pretzels or *Crackers	B: Cereal & Tropical Fruit L: Turkey & Cheese Wrap, Cauliflower w/ Ranch, Peaches S: Cookies
B: Cereal & Oranges L: Meatball Sub, Tropical Fruit, Mixed Veggies S: Goldfish	B: Bagels w/ Cream Cheese & Apples L: Ham & Cheese Wrap, Green Bean, Pears S: Animal Crackers	B: Fruit bars & Pineapples L: Pancakes, Turkey Sausage, Mashed Potatoes, Applesauce S: Cereal	B: Waffles w/ SB & Bananas L: Chicken Pasta Casserole, Salad w/ Ranch or *Corn, Craisins or *Pears S: Crackers	B: Cereal & Peaches L: Turkey & Cheese Sandwich, Pineapples, Broccoli w/ Ranch S: Cheez-its

Fifth week of menu is only used for months with 5 weeks.

Breakfast is served with milk until 8:30 am.

Lunch is served with milk. Times depend on the class they are in, between 11:30 and 12:30.

Snack is served with water unless specified otherwise. Times depend on the class they are in, between 2:30 and 3:30.

Snacks are not meals and are designed to not affect a child's appetite for dinner.

SB=Sunbutter is an alternative to peanut butter. It is made from sunflower seeds and contains no nuts. SB is not served to children under 1.

\* = different foods served to younger children to avoid choking hazards