

Breakfast, Lunch, & Snack MENU

B: Cereal & Oranges L: BBQ Chicken on a Roll, Corn, Tropical Fruit S: Pudding & Vanilla Wafers	B: Pancakes w/ SB & Apples L: Hotdog on a Bun, Pear, Vegetarian Baked Beans S: Pretzels & Cottage Cheese	B: Fruit bars, Yogurt, & Bananas L: SB and Jelly Sandwich, Applesauce, Broccoli w/ Ranch S: Cereal & Craisins	B: Bagels w/ Cream Cheese & Melon L: Pasta & Meatballs, Green Beans, Pineapples S: Animal Crackers & Peaches	B: Cereal & Tropical Fruit L: Turkey & Cheese Wrap, Apples, Carrots w/ Ranch S: Goldfish & Oranges
B: Cereal & Pears L: Pancakes, Turkey Sausage, Mashed Potatoes, Bananas S: Cheez-its & Craisins	B: Waffles w/ SB & Applesauce L: Tuna Salad on a Roll, Pineapples, Cauliflower w/ Ranch S: Fruit bars & Peaches	B: Graham Crackers, Yogurt, & Oranges L: Chicken Pasta Casserole, Peas, Apples S: Cereal & Tropical Fruit	B: Turkey Sausage & Pears L: Chicken & Cheese Sub, Melon, Salad S: Pretzels & Applesauce	B: Cereal & Bananas L: Ham & Cheese Sandwich, Craisins, Broccoli w/ Ranch S: Cookies & Milk
B: Cereal & Pineapples L: Meatball Sub, Mixed Veggies, Peaches S: Pudding & Vanilla Wafers	B: Bagel w/ Cream Cheese & Oranges L: Ham & Cheese Wrap, Corn, Tropical Fruit S: Goldfish & Pears	B: Fruit bars, Yogurt, & Apples L: BBQ Chicken on a Roll, Vegetarian Baked Beans, Bananas S: Cereal & Craisins	B: Pancakes w/ SB & Applesauce L: Mac & Cheese, Peas, Pineapples S: Ham Slices & Crackers	B: Cereal & Peaches L: Turkey & Cheese Sandwich, Melon, Carrots w/ Ranch S: Animal Crackers & Oranges
B: Cereal & Tropical Fruit L: Bean & Cheese Burrito, Cauliflower w/ Ranch, Apples S: Cheez-its & Pears	B: Turkey Sausage & Bananas L: Ham & Cheese Sandwich, Applesauce, Broccoli w/ Ranch S: Fruit bars & Craisins	B: Graham Crackers, Yogurt, Pineapples L: Tuna Pasta Casserole, Peas, Peaches S: Cereal & Tropical Fruit	B: Waffles w/ SB & Melon L: Grilled Chicken, Crackers, Green Beans, Oranges S: Pretzels & Pears	B: Cereal & Apples L: Turkey & Cheese Wrap, Salad, Bananas S: Cookies & Milk
B: Cereal & Applesauce L: Meatball Sub, Pineapples, Mixed Veggies S: Goldfish & Craisins	B: Bagels w/ Cream Cheese & Peaches L: Ham & Cheese Wrap, Cauliflower, Oranges S: Animal Crackers & Tropical Fruit	B: Fruit bars, Yogurt, Apples L: Pancakes, Turkey Sausage, Mashed Potatoes, Pears S: Cereal & Peaches	B: Waffles w/ SB & Applesauce L: Chicken Pasta Casserole, Salad, Pineapples S: Ham Slices & Crackers	B: Cereal & Melon L: Turkey & Cheese Sandwich, Bananas, Carrots w/ Ranch S: Cheez-its & Craisins

Fifth week of menu is only used for months with 5 weeks.

Breakfast is served with milk until 8:30am.

Lunch is served with milk. Times depend on the class they are in, between 11:30 and 12:30.

Snack is served with water unless specified otherwise. Times depend on the class they are in, between 2:30 and 3:30.

Snacks are not meals and are designed to not affect a child's appetite for dinner.

Lite syrup is offered on pancake and waffle days to 3 year old and up classes.

SB=Sunbutter is an alternative to peanut butter. It is made from sunflower seeds and contains no nuts.